

MONTHLY MEAL PLANNER

January

	Week 1	Week 2	Week 3	Week 4	Week 5
MON	January 5 th Chicken noodle Green beans Hot roll Mandarin oranges Milk	January 12 Cheese crunchers Carrots /ranch Garlic knot Mandarin oranges Milk	January 19 NO SCHOOL MLK	January 26 Feistada pizza Corn Toss salad Pears Milk	
TUE	January 6 th Pepperoni pizza Corn Toss salad Pineapple Milk	January 13 Beef nacho Ranch style bean pineapple milk	January 20 Walking taco Lettuce & cheese Pinto beans peaches Milk	January 27 Chicken leg Mashed potato Green beans Pineapple Milk	
WED	January 7 Taco salad Ranch style beans Lettuce & cheese Mixed fruit Milk	January 14 Lasagna Toss salad Garlic knot Diced pears Milk	January 21 Steak fingers/gravy Mashed potato Roll applesauce Milk	January 28 Frito chili pie Toss salad Corn Fruit cocktail Milk	
THU	January 8 Popcorn chicken Candied carrots French fries Slush cup Milk	January 15 Pig -n- blanket Baked beans Tater tots peaches Milk	January 22 Spaghetti Toss salad Garlic knot Mixed fruit Milk	January 29 Crispito Carrots/ranch Chip & salsa Mandarin oranges Milk	
FRI	January 9 Hamburgers Lettuce & tomato Pickles Lay's chip Applesauce Milk	January 16 Ham & cheese wrap Lettuce/tomato Pickles Sun chip Fruit cocktail Milk	January 23 Chicken sandwich Lettuce & tomato Pickles Tater tots pineapple Milk	January 30 Pulled pork Baked beans French fries Peaches Milk	